

Dana Shino full of energy

By Alex Rice

Don't call Dana Shino (Cribari) a mind-reader. I learned that first-hand.

"That's a big misnomer for what psychics do," explained Shino, who will be making a guest psychic appearance at Del Norte's Organic Peddler this Saturday, May, 10 from 10 a.m. to 5 p.m..

Instead, Shino would rather people think of her as a "filter and translator" of her clients' most inner, personal thoughts.

"I pick up energy and sensation through my body. My mind is like a funnel," said Shino, also an author of two books.

But that doesn't mean you can't come prepared with some questions for Shino to answer. Just make sure they're not in the vain of "Where is my sock?" or "Will my daughter marry?"

Shino wants to go a little deeper than that. "The best questions are those that are closest to a person's heart." Questions like "Why do I put others' feelings and needs before my own?" and "Who plays with the lamps in my house?" are more up her alley.

However, she's the first to admit that those kinds of inquiries are hard for people to ask, even though the

resulting revelations might be more rewarding. "It takes a lot of courage to ante up these questions."

"I just hope to use my gift for the betterment and helping of other people," said Shino. "Most of our culture operates solely in the mind. We are disconnected and it's time to connect with our bodies and our heart centers."

Shino's readings run \$1 per minute, and readings of at least 30 minutes are requested. Those interested should prepare 3-5 questions, not pertaining to your sockless feet, for Shino to answer. Reference articles can be found at www.thepurplephoenix.com.

